

المصادر والمراجع

المصادر العربية

- ابراهيم، عبد الستار وعسكر عبد الله. (2008). علم النفس الاكلينيكي في ميدان الطب النفسي. القاهرة: مكتبة الانجلو.
- ابن منظور، محمد بن مكرم بن علي. (2010). معجم لسان العرب. بيروت: دار صادر.
- ادوارد والخراط. (٢٠٢٠). المقابلة الاكلينيكية. دار الفكر العربي.
- الحمادي، أنور. (٢٠٢١). الاضطرابات العقلية والسلوكية في التصنيف الدولي للأمراض. WHO.
- باوزير، عباس. (٢٠٢١). الاكتئاب بين المفسرين والنفسيين في ضوء القرآن الكريم، دراسة تحليلية نقدية. جامعة العلوم الإسلامية.
- بن شويخ. (2015). الأعراض الاكتئابية لدى المصابين باضطراب ما بعد الصدمة من اللاجئين السوريين بمدينة المسيلة-دراسة حالة [رسالة دكتوراة غير منشورة]. جامعة محمد بوضياف بالمسيلة.
- بوخاري، سهام. (٢٠١٧). تقنية سلب الحساسية وإعادة المعالجة عن طريق حركة العين EMDR. مجلة الحكمة للدراسات النفسية والتربوية، (١٥)، 58-76.
- بوعود، أسماء. (2014). العلاج النفسي للاضطرابات النفسية من منظور إسلامي: "الاكتئاب نموذجاً". مجلة الآداب والعلوم الاجتماعية، 11 (2)، 198-208.
- الحجار، محمد. (1998). المدخل إلى علم النفس المرضى. بيروت: دار النهضة.
- الخاطر، عبد الله. (1991). الحزن والاكتئاب غي ضوء القرآن والسنة. المنتدى الإسلامي.
- خليل، إهام عبد الرحمن. (2004). علم النفس الاكلينيكي المنهج والتطبيق. القاهرة: ايتراك.
- الخواجة، عبد الفتاح محمد سعيد. (2011). الوحدة النفسية وعلاقتها باضطراب ضغط ما بعد الصدمة لدى عينة من طلبة كلية التربية بجامعة السلطان قابوس. مجلة جامعة الشارقة للعلوم الإنسانية والاجتماعية، 8 (1)، 127-154.
- الزروق، الزادمة. (2018). اضطراب ما بعد الصدمة وعلاقته بالاكتئاب لدى طلاب الجامعة عين شمس [رسالة ماجستير غير منشورة]. جامعة عين شمس.
- طه، فرج عبد القادر وآخرون. (1998). معجم علم النفس والتحليل النفسي. بيروت: دار النهضة العربية.
- عباس، فيصل. (1997). الشخصية دراسة حالات المناهج-التقنيات-الاجراءات. بيروت: دار الفكر العربي.

عبد الحميد، وليد. (2013). افاق جديدة معالجة الاضطرابات التالية للصدمة بعلاج ابطال التحسس وإعادة المعالجة بحركات العين. شبكة العلوم النفسية العربية.

<http://arabpsynet.com/apneBooks/eBContent.pdf-2013WA29eB/29>

عبد الفتاح، غريب. (1990). البناء العملي لمقياس بك الثانية للاكتئاب BDI-II، على عينة مصرية من طلاب الجامعة، دراسات نفسية. رابطة الأخصائيين النفسيين، 10 (2).

عبد الفتاح، غريب. (1999). مناهج البحث في علم النفس التربوي والنفسى. الإسكندرية: دار المعرفة الجامعية.

شوقي، حمزة (٢٠١٥). فعالية العلاج بضبط حركة العين وإعادة المعالجة في تخفيف اضطراب القلق الاجتماعي لدى طلاب الجامعة [رسالة ماجستير غير منشورة]. جامعة بنها.

عبيدات، ذوقان، وآخرون. (1989). البحث العلمي مفهومه وأدواته وأساليبه. الرياض: دار أسامة.

عتيق، نبيلة. (2013). واقع علاج اضطراب ضغوط ما بعد الصدمة PTSD بتقنية ازالة حساسية العينين وإعادة المعالجة بحركات العين EMDR دراسة ميدانية بالجزائر [رسالة الماجستير غير منشورة]. جامعة فرحات عباس سطيف.

عزوز، اسمهان. (2015). دراسة الحالة. سطيف: جامعة محمد لمين دوباغين.

عسكر، عبد الله. (1988). الاكتئاب النفسي بين النظرية والتشخيص. القاهرة: مكتبة الأنجلو.

عكاشة، أحمد. (1998). الطب النفسي المعاصر. القاهرة: مكتبة الأنجلو المصرية.

العويضة، سلطان موسى. (2011). مراحل العلاج النفسي الإسلامي لاضطراب ما بعد الصدمة. مجلة العلوم التربوية والنفسية، 12 (1).

فيصل، عباس. (1992). التحليل النفسي والاتجاهات الفرويدية: المقاربة العيادية. بيروت: دار الفكر.

الكبيسي، ناطق فحل. (2018). أثر ال EMDR على عينة من النازحين. مجلة البحوث التربوية والنفسية، 57، 220-238.

كفاي، علاء الدين. (1995). الصحة النفسية. هجر للطباعة والنشر.

لابلان، جان. (1997). معجم مصطلحات التحليل النفسي (مصطفى حجازي، ترجمة). بيروت: المؤسسة الجامعية.

محمد إبراهيم، عيد. (1997). دراسة مدى الإحساس بالاعتراب لدى طلاب وطالبات الفنون التشكيلية من ذوي المستويات العليا [رسالة ماجستير غير منشورة]. جامعة عين شمس.

محمود أبو علم، رجاء. (2011). مناهج البحث في العلوم النفسية والتربوية. القاهرة: دار النشر للجامعات.

محمود يوسف، ريم (2010). فاعلية برنامج إرشادي مقترح لتخفيف حدة الاكتئاب لدى مرضى الفشل الكلوي [رسالة ماجستير غير منشورة]. الجامعة الإسلامية غزة.

المنيحي، محمد أبي عبد الله محمد بن محمد. (1925). تسلية أهل المصائب. القاهرة: مطبعة السعادة. المهدي، محمد عبد الفتاح. (1998). العلاج النفسي في ضوء الإسلام. المنصورة: دار النشر للجامعات. موسي، جبريل، وآخرون. (2013). أثر برنامج علاجي في خفض أعراض اضطراب ضغط ما بعد الصدمة لدى النساء المعنفات في الأردن. دراسات العلوم التربوية، 40(1)، 163-180. نحوي، عائشة. (2010). العلاج النفسي عن طريق البرمجة اللغوية العصبية [رسالة ماجستير غير منشورة]. جامعة الإخوة منتوري قسنطينة.

محمد، هيشان. (1990). سيكولوجية الألم والتشوه لدى مصابي الحروق [رسالة دكتوراه غير منشورة]. جامعة عين شمس. والي، عبد الرحمن جمعة، وأبو جحجوح، وعثمان ضياء. (2015). فعالية تقنية الحرية النفسية في الحد من اضطراب ما بعد الصدمة النفسية جراء الحرب على غزة. المؤتمر التربوي الخامس - التدايعات التربوية والنفسية للعدوان على غزة، 2، 582-611.

يامنة عبد القادر، إسماعيلي وآخرون. (2019). دراسات في الاكتئاب والعدوان. أسبانيا: دار رازوري العلمي

اللحياني، سامي أحمد صليح. (1996). مستوى الاكتئاب وقلق الموت لدى عينة من مرضى ومريضات الفشل الكلوي المزمن بالمنطقة الغربية [رسالة ماجستير غير منشورة]. جامعة أم القرى. يفصح. (2022). المعاش النفسي (قلق، اكتئاب) بالتوافق الأكاديمي لدى الطلبة ضحايا العنف الجنسي داخل الجامعة: دراسة ميدانية بجامعة تيزي وزو، الجزائر 2، بومرداس [رسالة دكتوراه غير منشورة]. جامعة مولود معمري تيزي وزو.

المصادر الأجنبية

Acarturk, C., Konuk, E., Cetinkaya, M., Senay, I., Sijbrandij, M., Gulen, B., & Cuijpers, P. (2016). The efficacy of eye movement desensitization and reprocessing for post-traumatic stress disorder and depression among Syrian refugees: results of a randomized controlled trial. *Psychological Medicine*, 46(12), 2583-2593.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders*. 5th ed. Washington, DC: APA.

Atkinson, R. C., Smith, E. E., & Bem, D. J. (1990). *Introduction to psychology*. San Diego, CA: Harcourt Brace Jovanovich.

- Beck, A. T. (2002). Cognitive models of depression. In R. L. Leahy & E. T. Dowd (Eds.), *Clinical advances in cognitive psychotherapy: theory and application* (pp. 29-61). Berlin: Springer.
- Beck, J. G., & Coffey, S. F. (2007). Assessment and treatment of posttraumatic stress disorder after a motor vehicle collision: empirical findings and clinical observations. *Professional Psychology: Research and Practice, 38*(6), 629-639.
- Beck, J. G., Grant, D. M., Read, J. P., Clapp, J. D., Coffey, S. F., Miller, L. M., & Palyo, S. A. (2008). The impact of event scale-revised: psychometric properties in a sample of motor vehicle accident survivors. *Journal of Anxiety Disorders, 22*(2), 187-198. <https://doi.org/10.1016/j.janxdis.2007.02.007>
- Bisson, J., & Andrew, M. (2007). Psychological treatment of *post-traumatic stress disorder* (PTSD). *Cochrane Database of Systematic Reviews, 3*, CD003388. doi: 10.1002/14651858.CD003388.pub3 .
- Brannen, J. (Ed.). (2017). *Mixing methods: qualitative and quantitative research*. Abingdon: Routledge.
- Brewin, C. R., & Burgess, N. (2014). Contextualisation in the revised dual representation theory of PTSD: a response to Pearson and colleagues. *Journal of Behavior Therapy and Experimental Psychiatry, 45*(1), 217-219. <https://doi.org/10.1016/j.jbtep.2013.07.011>
- Brewin, C. R., & Holmes, E. A. (2003). Psychological theories of posttraumatic stress disorder. *Clinical Psychology Review, 23*, 339-376.
- Briere, J. (2004). *Psychological assessment of adult posttraumatic states: Phenomenology, diagnosis, and measurement*. 2nd ed. American Psychological Association. <https://doi.org/10.1037/10809-000>
- Brown, T. A., & Barlow, D. H. (2005). Dimensional versus categorical classification of mental disorders in the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders and beyond: comment on the special section. *Journal of Abnormal Psychology, 114*(4), 551-556.
- Carlson, J. G., Chemtob, C. M., Rusnak, K., Hedlund, N. L., & Muraoka, M. Y. (1998). Eye movement desensitization and reprocessing (EDMR) treatment for combat-related posttraumatic stress disorder. *Journal of Traumatic Stress: Official Publication of The International Society for Traumatic Stress Studies, 11*(1), 3-24.
- Carnelley, K. B., & Janoff-Bulman, R. (1992). Optimism about love relationships: General vs specific lessons from one's personal experiences. *Journal of Social and Personal Relationships, 9*(1), 5-20.
- Champion, L. A., & Power, M. J. (1995). Social and cognitive approaches to depression: Towards a new synthesis. *British Journal of Clinical Psychology, 34*(4), 485-503.

Charuvastra, A., & Cloitre, M. (2008). Social bonds and posttraumatic stress disorder. *Annual Review of Psychology*, 59, 301-328.

Chen, Y. R., Hung, K. W., Tsai, J. C., Chu, H., Chung, M. H., Chen, S. R.,... & Chou, K. R. (2014). Efficacy of eye-movement desensitization and reprocessing for patients with posttraumatic-stress disorder: a meta-analysis of randomized controlled trials. *PLoS One*, 9(8), e103676.

Damian, A. M., Jacobson, S. A., Hentz, J. G., Belden, C. M., Shill, H. A., Sabbagh, M. N., ... & Adler, C. H. (2011). The Montreal Cognitive Assessment and the mini-mental state examination as screening instruments for cognitive impairment: item analyses and threshold scores. *Dementia and Geriatric Cognitive Disorders*, 31(2), 126-131.

Davidson, K. W., Rieckmann, N., & Lespérance, F. (2004). Psychological theories of depression: potential application for the prevention of acute coronary syndrome recurrence. *Psychosomatic Medicine*, 66(2), 165-173.

DePrince, A. P., & Freyd, J. J. (2013). The harm of trauma: Pathological fear, shattered assumptions, or betrayal?. In *Loss of the assumptive world* (pp. 71-82). Routledge.

Dulmus, C. N., & Hilarski, C. (2003). When stress constitutes trauma and trauma constitutes crisis: the stress-trauma-crisis continuum. *Brief Treatment and Crisis Intervention*, 3(1), 27-36.

Ehlers, A., & Clark, D. M. (2000). A cognitive model of posttraumatic stress disorder. *Behaviour Research and Therapy*, 38(4), 319-345.

Elbedour, S., Onwuegbuzie, A. J., Ghannam, J., Whitcome, J. A., & Hein, F. A. (2007). *Post-traumatic stress disorder, depression, and anxiety among Gaza Strip adolescents in the wake of the second Uprising (Intifada)*. *Child Abuse & Neglect*, 31(7), 719-729.

Elliott, D. M. (1997). Traumatic events: Prevalence and delayed recall in the general population. *Journal of Consulting and Clinical Psychology*, 65(5), 811.

F. Shapiro (Ed.). (2002). *EMDR as an integrative psychotherapy approach: experts of diverse orientations explore the paradigm prism*. American Psychological Association.

Farkas, L., Cyr, M., Lebeau, T. M., & Lemay, J. (2010). Effectiveness of MASTR EMDR therapy for traumatized adolescents. *Journal of Child & Adolescent Trauma*, 3, 125-142.

Farkas, L., Cyr, M., Lebeau, T. M., & Lemay, J. (2010). Effectiveness of MASTR EMDR therapy for traumatized adolescents. *Journal of Child & Adolescent Trauma*, 3, 125-142.

Finkelhor, D. (2009). *Children's exposure to violence: a comprehensive national survey*. Collingdale, PA: Diane Publishing.

- Flannery, R. (2012). *Post-traumatic stress disorder: the victim's guide to healing and recovery*. New York, NY: Lantern Books.
- Foa, E. B., & Rothbaum, B. O. (2001). *Treating the trauma of rape: cognitive-behavioral therapy for PTSD*. New York, NY: Guilford Press.
- Freud, A. (1966). A short history of child analysis. *The Psychoanalytic Study of the Child*, 21(1), 7-14.
- Freud, S. (1917). Mourning and melancholia. *The standard edition of the complete psychological works of Sigmund Freud*, 14(1914–1916), 237-258.
- Freud, S., & Breuer, J. (2004). *Studies in hysteria*. London: Penguin Classics.
- Ganesan, S., Levy, M., Bilsker, D., & Khanbhai, I. (2005). Effectiveness of quetiapine for the management of aggressive psychosis in the emergency psychiatric setting: a naturalistic uncontrolled trial. *International Journal of Psychiatry in Clinical Practice*, 9(3), 199-203.
- Gauhar, Y. W. M. (2016). The efficacy of EMDR in the treatment of depression. *Journal of EMDR Practice and Research*, 10(2), 59-69.
- Gillies, D., Maiocchi, L., Bhandari, A. P., Taylor, F., Gray, C., & O'Brien, L. (2016). Psychological therapies for children and adolescents exposed to trauma. *The Cochrane Database of Systematic Reviews*, 10(10), CD012371. <https://doi.org/10.1002/14651858.CD012371>
- Gold, J. I., Taft, C. T., Keehn, M. G., King, D. W., King, L. A., & Samper, R. E. (2007). PTSD symptom severity and family adjustment among female Vietnam veterans. *Military Psychology*, 19(2), 71-81.
- Green, B. L., Wilson, J. P., & Lindy, J. D. (1985). Conceptualizing post-traumatic stress disorder: a psychosocial framework. In C. R. Figley (Ed.), *Trauma and its wake: the study and treatment of post-traumatic stress disorder* (pp. 53–69). New York: Brunner/Mazel.
- Grèzes, J., Frith, C., & Passingham, R. E. (2004). Brain mechanisms for inferring deceit in the actions of others. *Journal of Neuroscience*, 24(24), 5500–5505.
- Hancock, G. R. (2004). Experimental, quasi-experimental, and nonexperimental design and analysis with latent variables. In D. Kaplan (Ed.), *The SAGE Handbook of Quantitative Methodology for the Social Sciences* (pp. 318-335). SAGE Publications.
- Hasanović, M., Morgan, S., Oakley, S., & Pajević, I. (2013). 2028 – EMDR training for Bosnia-Herzegovina mental health workers in Sarajevo as continuity of the building of psychotherapy capacity aftermath the 1992–1995 war. *European Psychiatry*, 28(S1), 1-1.
- Hase, M., Balmaceda, U. M., Hase, A., Lehnung, M., Tumani, V., Huchzermeier, C., & Hofmann, A. (2015). Eye movement desensitization and reprocessing (EMDR)

- therapy in the treatment of depression: a matched pairs study in an inpatient setting. *Brain and Behavior*, 5(6), e00342. <https://doi.org/10.1002/brb3.342>
- Heim, C., & Nemeroff, C. B. (2001). The role of childhood trauma in the neurobiology of mood and anxiety disorders: preclinical and clinical studies. *Biological Psychiatry*, 49(12), 1023-1039.
- Hendriks, E. E. (2014). *Exploring eye movement desensitization and reprocessing (EMDR) as a technique for therapeutic intervention of adolescents experiencing trauma* (Doctoral dissertation). Stellenbosch University.
- Heptinstall, E., Sethna, V., & Taylor, E. (2004). PTSD and depression in refugee children. *European Child & Adolescent Psychiatry*, 13(6), 373-380.
- Herbert, J. D., & Forman, E. M. (2006). Posttraumatic stress disorder. In J. E. Fisher & W. T. O'Donohue (Eds.), *Practitioner's guide to evidence-based psychotherapy* (pp. 555-566). Boston, MA: Springer.
- Hill M. D. (2020). Adaptive Information Processing Theory: Origins, Principles, Applications, and Evidence. *Journal of Evidence-based Social Work* (2019), 17(3), 317–331. <https://doi.org/10.1080/26408066.2020.1748155>
- Horowitz, M. J., Wilner, N., Kaltreider, N., & Alvarez, W. (1980). Signs and symptoms of posttraumatic stress disorder. *Archives of General Psychiatry*, 37(1), 85–92. <https://doi.org/10.1001/archpsyc.1980.01780140087010>
- Horowitz, M., Wilner, N., & Alvarez, W. (1979). Impact of Event Scale: a measure of subjective stress. *Psychosomatic medicine*, 41(3), 209–218. <https://doi.org/10.1097/00006842-197905000-00004>
- Howitt, D., & Cramer, D. (2007). *Introduction to research methods in psychology*. Pearson Education.
- Hurley, E. C. (2018). Effective treatment of veterans with PTSD: Comparison between intensive daily and weekly EMDR approaches. *Frontiers in psychology*, 9, 1458.
- Jaffe, J., Segal, J., & Dumke, L. F. (2005). Emotional and psychological trauma: causes, symptoms, effects, and treatment. Retrieved from http://www.helpguide.org/mental/emotional_psychological_trauma.htm
- Janoff-Bulman, R., & Yopyk, D. J. (2004). Random outcomes and valued commitments: existential dilemmas and the paradox of meaning. In J. Greenberg, S. L. Koole, & T. Pyszczynski (Eds.), *Handbook of experimental existential psychology* (pp. 122–138). New York, NY: Guilford Press.
- Jin, Y., Sun, C., Wang, F., An, J., & Xu, J. (2018). The relationship between PTSD, depression and negative life events: Ya'an earthquake three years later. *Psychiatry Research*, 259, 358-363.
- Jones, J. C., & Barlow, D. H. (1990). The etiology of posttraumatic stress disorder. *Clinical Psychology Review*, 10(3), 299-328.

- Karadag, M., Gokcen, C., & Sarp, A. S. (2020). EMDR therapy in children and adolescents who have *post-traumatic stress disorder*: A six-week follow-up study. *International Journal of Psychiatry in Clinical Practice*, 24(1), 77-82.
- Karen, R. (1998). *Becoming attached: first relationships and how they shape our capacity to love*. Oxford: Oxford University Press.
- Kayalvizhi, S., & Thenmozhi, D. (2022). Data set creation and empirical analysis for detecting signs of depression from social media postings. *arXiv preprint arXiv:2202.03047*.
- Kayalvizhi, S., & Thenmozhi, D. (2022). Data set creation and empirical analysis for detecting signs of depression from social media postings. *arXiv preprint arXiv:2202.03047*.
- Kazdin A. E. (1981). Drawing valid inferences from case studies. *Journal of Consulting and Clinical Psychology*, 49(2), 183–192. <https://doi.org/10.1037//0022-006x.49.2.183>
- Keane, T. M., Zimmering, R. T., & Caddell, R. T. (1985). A behavioral formulation of PTSD in Viet-Cognitive Behavior Therapy: Implications from Advances in Neuroscience 267 nam veterans. *The Behavior Therapist*, 8, 9-12.
- Klerman G. L. (1988). The current age of youthful melancholia. Evidence for increase in depression among adolescents and young adults. *The British Journal of Psychiatry: The Journal of Mental Science*, 152, 4–14. <https://doi.org/10.1192/bjp.152.1.4>
- Knipe, J. (2015). *EMDR toolbox: theory and treatment of complex PTSD and dissociation*. New York, NY: Springer.
- Konuk, E., Knipe, J., Eke, I., Yuksek, H., Yurtsever, A., & Ostep, S. (2006). The effects of eye movement desensitization and reprocessing (EMDR) therapy on posttraumatic stress disorder in survivors of the 1999 Marmara, Turkey, earthquake. *International Journal of Stress Management*, 13(3), 291-308.
- Kowalczyk, D. (2016). Non-experimental and experimental research: Differences, advantages & disadvantages. Retrieved from <https://study.com/academy/lesson/non-experimental-and-experimental-research-differences-advantages-disadvantages.html>
- Krill, W. E. (2015). *The gentling workbook for teen and adult survivors of child abuse*. Ann Arbor, MI: Loving Healing Press.
- Kring, A. M., & Barch, D. M. (2014). The motivation and pleasure dimension of negative symptoms: neural substrates and behavioral outputs. *European Neuropsychopharmacology*, 24(5), 725-736.
- Kuiken, D., Chudleigh, M., & Racher, D. (2010). Bilateral eye movements, attentional flexibility and metaphor comprehension: the substrate of REM dreaming? *Dreaming*, 20(4), 227–247. <https://doi.org/10.1037/a0020841>

- Lakdawalla, Z., Hankin, B. L., & Mermelstein, R. (2007). Cognitive theories of depression in children and adolescents: A conceptual and quantitative review. *Clinical Child and Family Psychology Review*, 10(1), 1-24.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. New York, NY: Springer.
- Leeds, A. M. (2009). *A guide to the standard EMDR protocols for clinicians, supervisors, and consultants*. New York, NY: Springer.
- Leventhal, H. (1970). Findings and theory in the study of fear communications. *Advances in Experimental Social Psychology*, 5, 119-186.
- Levers, L. L. (Ed.). (2012). *Trauma counseling: theories and intervention*. New York, NY: Springer.
- Levine, P. A., & Frederick, A. (1997). *Waking the tiger: healing trauma: the innate capacity to transform overwhelming experiences*. Berkeley, CA: North Atlantic Books.
- Luber, M. (2009). *Eye movement desensitization and reprocessing (EMDR) scripted protocols: basics and special situations*. New York, NY: Springer.
- MacLeod, A. (2017). *Prospection, well-being, and mental health*. Oxford University Press.
- Maercker, A., & Schützwohl, M. (1998). Erfassung von psychischen Belastungsfolgen: Die Impact of Event Skala-revidierte Version (IES-R) [Assessment of post-traumatic stress reactions: The Impact of Event Scale-Revised (IES-R)]. *Diagnostica*, 44(3), 130–141.
- Malandrone, F., Carletto, S., Hase, M., Hofmann, A., & Ostacoli, L. (2019). A brief narrative summary of randomized controlled trials investigating EMDR treatment of patients with depression. *Journal of EMDR Practice and Research*, 13(4), 302-306.
- Mischel, W., Shoda, Y., & Ayduk, O. (2008). *Introduction to personality: toward an integrative science of the person*. Hoboken, NJ: John Wiley & Sons.
- Morris, D. J. (2015). *The evil hours: A biography of post-traumatic stress disorder*. Boston, MA: HMH Books.
- Mosquera, D., & Knipe, J (2015). Understanding and treating narcissism with EMDR therapy. *Journal of EMDR Practice and Research*, 9(1), 46-63.
- Muijs, D. (2010). *Doing quantitative research in education with SPSS*. Sage Publications.
- Mulvihill D. (2005). The health impact of childhood trauma: an interdisciplinary review, 1997-2003. *Issues in Comprehensive Pediatric Nursing*, 28(2), 115–136. <https://doi.org/10.1080/01460860590950890>

National Collaborating Centre for Mental Health (UK). (2005). *Post-traumatic stress disorder: the management of PTSD in adults and children in primary and secondary care*. Leicester: Gaskell.

Newby, E. A., & Rock, I. (1998). Inattention blindness as a function of proximity to the focus of attention. *Perception*, 27(9), 1025–1040. <https://doi.org/10.1068/p271025>

O'Donnell, M. L., Creamer, M., & Pattison, P. (2004). Posttraumatic stress disorder and depression following trauma: understanding comorbidity. *American Journal of Psychiatry*, 161(8), 1390–1396.

Orr, S. P., McNally, R. J., Rosen, G. M., & Shalev, A. Y. (2004). *Psychophysiological reactivity: Implications for conceptualizing PTSD*. In G. M. Rosen (Ed.), *Posttraumatic stress disorder: Issues and Controversies* (p. 101–126). Hoboken, NJ: John Wiley & Sons. <https://doi.org/10.1002/9780470713570.ch6>

Pagani, M., Högberg, G., Fernandez, I., & Siracusano, A. (2013). Correlates of EMDR therapy in functional and structural neuroimaging: a critical summary of recent findings. *Journal of EMDR Practice and Research*, 7(1), 29–38.

Pavlov P. I. (1927). Conditioned reflexes: An investigation of the physiological activity of the cerebral cortex. *Annals of Neurosciences*, 17(3), 136–141. <https://doi.org/10.5214/ans.0972-7531.1017309>

Payne, P., Levine, P. A., & Crane-Godreau, M. A. (2015). Somatic experiencing: using interoception and proprioception as core elements of trauma therapy. *Frontiers in psychology*, 93.

Rauch, S., & Foa, E. (2006). Emotional processing theory (EPT) and exposure therapy for PTSD. *Journal of Contemporary Psychotherapy: On the Cutting Edge of Modern Developments in Psychotherapy*, 36(2), 61–65. <https://doi.org/10.1007/s10879-006-9008-y>

Roberts, N. P., Roberts, P. A., Jones, N., & Bisson, J. I. (2015). Psychological interventions for *post-traumatic stress disorder* and comorbid substance use disorder: A systematic review and meta-analysis. *Clinical Psychology Review*, 38, 25–38. <https://doi.org/10.1016/j.cpr.2015.02.007>

Roberts, R. E., & Chen, Y. W. (1995). Depressive symptoms and suicidal ideation among Mexican-origin and Anglo adolescents. *Journal of the American Academy of Child & Adolescent Psychiatry*, 34(1), 81–90.

Roley, M. E., Claycomb, M. A., Contractor, A. A., Dranger, P., Armour, C., & Elhai, J. D. (2015). The relationship between rumination, PTSD, and depression symptoms. *Journal of Affective Disorders*, 180, 116–121.

Rosenbloom, D., & Williams, M. B. (2002). Life after trauma: finding hope by challenging your beliefs and meeting your needs. In M. B. Williams & J. F. Sommer (Eds.), *Simple and complex post-traumatic stress disorder* (pp. 119–133). New York, NY: Haworth Maltreatment and Trauma Press.

Rosenhan, D. L., & Seligman, M. E. P. (1995). *Abnormal psychology* (3rd ed.). New York, NY: W. W. Norton & Co.

Sampson Jr, J. P., Lenz, J. G., Reardon, R. C., & Peterson, G. W. (1999). A cognitive information processing approach to employment problem solving and decision making. *The Career Development Quarterly*, 48(1), 3-18.

Sareen J. (2014). Posttraumatic stress disorder in adults: impact, comorbidity, risk factors, and treatment. *Canadian Journal of Psychiatry. Revue Canadienne de Psychiatrie*, 59(9), 460–467. <https://doi.org/10.1177/070674371405900902>

Sartorius, N. (1988). International perspectives of psychiatric classification. *The British Journal of Psychiatry*, 152(Suppl 1), 9–14.

Schottenbauer, M. A., Glass, C. R., Arnkoff, D. B., & Gray, S. H. (2008). Contributions of psychodynamic approaches to treatment of PTSD and trauma: a review of the empirical treatment and psychopathology literature. *Psychiatry: Interpersonal and Biological Processes*, 71(1), 13-34.

Shah, R., Shah, A., & Links, P. (2012). *Post-traumatic stress disorder* and depression comorbidity: Severity across different populations. *Neuropsychiatry*, 2(6), 521.

Shapiro, F. (2001). *Eye movement desensitization and reprocessing (EMDR): Basic principles, protocols, and procedures*. Guilford Press.

Shapiro, F. (2002). *EMDR treatment: overview and integration*. In F. Shapiro (Ed.), *EMDR as an integrative psychotherapy approach: experts of diverse orientations explore the paradigm prism* (p. 27–55). American Psychological Association. <https://doi.org/10.1037/10512-002>

Shapiro, F. (2017). *Eye movement desensitization and reprocessing (EMDR) therapy: basic principles, protocols, and procedures*. New York, NY: Guilford Publications.

Shapiro, F., & Forrest, M. S. (2016). *EMDR: the breakthrough therapy for overcoming anxiety, stress, and trauma*. New York, NY: Basic Books.

Shapiro, F., & Laliotis, D. (2011). EMDR and the adaptive information processing model: integrative treatment and case conceptualization. *Clinical Social Work Journal*, 39(2), 191-200.

Shapiro, F., & Laliotis, D. (2015). EMDR therapy for trauma-related disorders. In *Evidence based treatments for trauma-related psychological disorders* (pp. 205-228). Springer, Cham.

Shapiro, F., & Maxfield, L. (2002). Eye Movement Desensitization and Reprocessing (EMDR): information processing in the treatment of trauma. *Journal of Clinical Psychology*, 58(8), 933–946. <https://doi.org/10.1002/jclp.10068>

Shaughnessy, J. J., Zechmeister, E. B., & Zechmeister, J. S. (2000). *Research methods in psychology*. New York, NY: McGraw-Hill.

- Shelat, V. G., Eileen, S., John, L., Teo, L. T., Vijayan, A., & Chiu, M. T. (2012). Chronic pain and its impact on quality of life following a traumatic rib fracture. *European Journal of Trauma and Emergency Surgery*, 38, 451-455.
- Shepherd, L., & Wild, J. (2014). Emotion regulation, physiological arousal and PTSD symptoms in trauma-exposed individuals. *Journal of Behavior Therapy and Experimental Psychiatry*, 45(3), 360-367.
- Solomon, R. M., & Shapiro, F. (2008). EMDR and the adaptive information processing model potential mechanisms of change. *Journal of EMDR Practice and Research*, 2(4), 315-325.
- Southivong, B., Ichikawa, M., Nakahara, S., & Southivong, C. (2013). A cross-sectional community study of *post-traumatic stress disorder* and social support in Lao People's Democratic Republic. *Bulletin of the World Health Organization*, 91, 765-772.
- Styron, W. (2010). *Darkness visible: a memoir of madness*. New York, NY: Open Road Media.
- Tran, C. T., Kuhn, E., Walser, R. D., & Drescher, K. D. (2012). The relationship between religiosity, PTSD, and depressive symptoms in veterans in PTSD residential treatment. *Journal of Psychology and Theology*, 40(4), 313-322.
- Turner, L. H., & Solomon, R. L. (1962). Human traumatic avoidance learning: Theory and experiments on the operant-respondent distinction and failures to learn. *Psychological Monographs: General and Applied*, 76(40), 1-32. <https://doi.org/10.1037/h0093915>
- Uribe, M. E. R., Ramírez, E. O. L., & Mena, I. J. (2010). Effect of the EMDR psychotherapeutic approach on emotional cognitive processing in patients with depression. *The Spanish Journal of Psychology*, 13(1), 396-405.
- Valiente-Gómez, A., Moreno-Alcázar, A., Treen, D., Cedrón, C., Colom, F., Perez, V., & Amann, B. L. (2017). EMDR beyond PTSD: a systematic literature review. *Frontiers in Psychology*, 8, 1668.
- van den Berg, D. P., & van der Gaag, M. (2012). Treating trauma in psychosis with EMDR: a pilot study. *Journal of Behavior Therapy and Experimental Psychiatry*, 43(1), 664-671. <https://doi.org/10.1016/j.jbtep.2011.09.011>
- Van der Kolk, B. A. (2002). Beyond the talking cure: somatic experience and subcortical imprints in the treatment of trauma. In F. Shapiro (Ed.), *EMDR as an integrative psychotherapy approach: experts of diverse orientations explore the paradigm prism* (p. 57-83). American Psychological Association. <https://doi.org/10.1037/10512-003>
- Walker, L. E. (1991). *Post-traumatic stress disorder* in women: diagnosis and treatment of battered woman syndrome. *Psychotherapy: Theory, Research, Practice, Training*, 28(1), 21-29. <https://doi.org/10.1037/0033-3204.28.1.21>

Wasserman, D., Hoven, C. W., Wasserman, C., Wall, M., Eisenberg, R., Hadlaczky, G., ... & Carli, V. (2015). School-based suicide prevention programmes: the SEYLE cluster-randomised, controlled trial. *The Lancet*, 385(9977), 1536-1544.

Weiss DS, Marmar CR. (1997). The impact of event scale – revised. In J.P. Wilson & T.M. Keane (Eds.), *Assessing psychological trauma and PTSD* (pp. 399-411). New York: Guilford Press.

Wilson, G., Farrell, D., Barron, I., Hutchins, J., Whybrow, D., & Kiernan, M. D. (2018). The use of Eye-Movement Desensitization Reprocessing (EMDR) therapy in treating *post-traumatic stress disorder*—a systematic narrative review. *Frontiers in Psychology*, 9, 923.

Wolpert, L. (2011). *Malignant sadness*. London: Faber & Faber.

Wood, E., Ricketts, T., & Parry, G. (2018). EMDR as a treatment for long-term depression: A feasibility study. *Psychology and Psychotherapy: Theory, Research and Practice*, 91(1), 63-78.

Yehuda, R. (Ed.). (1998). *Review of psychiatry series: psychological trauma*. American Psychiatric Association.

Yurtsever, A., Konuk, E., Akyüz, T., Zat, Z., Tükel, F., Çetinkaya, M., ... & Shapiro, E. (2018). An eye movement desensitization and reprocessing (EMDR) group intervention for Syrian refugees with post-traumatic stress symptoms: Results of a randomized controlled trial. *Frontiers in psychology*, 9, 493. <https://doi.org/10.3389/fpsyg.2018.00493>

Zimbardo, P., Sword, R., & Sword, R. (2012). *The time cure: Overcoming PTSD with the new psychology of time perspective therapy*. Hoboken, NJ: John Wiley & Sons.